

# SPCC WIC offices

Canadaigua

Phone: 585-394-9240

Text: 585-481-8488

Fax: 585-394-9240

Newark

Phone: 585-394-9240

Text: 585-481-8488

Fax: 315-573-7158

Or

Visit us at

[www.wicstrong.com/agency/spcc](http://www.wicstrong.com/agency/spcc)

Or

Email us at:

[spccwic@spcc-roch.org](mailto:spccwic@spcc-roch.org)

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For a Variety of Resources in NYS

Visit [mybenefits.ny.gov](http://mybenefits.ny.gov)

Dial 211 or visit [211lifeline.org](http://211lifeline.org) (Monroe, Ontario, Seneca, Wayne County)

[211helpline.org](http://211helpline.org) (Yates County)

Legal help: <https://www.lawny.org/>

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Department of Social Services (DSS):

**SNAP(Food Stamps) and TANF**

Hotline: 800-342-3009

Ontario County- 585-396-4060

Monroe County- 585-753-6298

Seneca County- 315-539-1800

Wayne County- 315-946-4881

Yates County- 315-536-5183

Insurance:

**Medicaid Helpline**

800-541-2831

**NY State of Health (Marketplace)**

855-355-5777

**Or visit: <https://nystateofhealth.ny.gov>**

**In Monroe County for Medicaid**

585-613-7662

**For other counties:**

<https://www.localcommunityhealth.com/medical/health-insurance/>

**Child Health Plus**

800-698-4543

Other Medical care:

**Dentist list**

<http://www.insurekidsnow.gov/convergence/ny/index.html>

**Growing up Healthy Hotline**

800-522-5006

(Immunizations, Family planning, FAN, Medicaid, PCAP, WIC)

This institution is an equal opportunity provider.

## Early Intervention

Monroe County- 585-753-5437  
Ontario County- 585-396-4546  
Seneca County- 315-539-1920  
Wayne County- 315-946-5749  
Yates County-315-536-5160

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## Child Support Services

Call DSS in your county or Legal Assistance of Western NY at 888-208-4485 or 315-78101465

**Child Protective Services-** 800-342-3720

**Free/Reduced School lunches-** contact your local school

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## Child Care Referral Services

### Child Care Council

Monroe County- 585-654-4720 or  
Wayne County- 315-331-5443

### Child and Family Resources

Ontario County- 585-919-2476  
Seneca County- 315-568-0945  
Yates County- 315-536-5160

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## Head start

### Monroe County

Action for a better community-  
585-325-5116 X 3300

### Ontario County

Canandaigua Happiness House 585-394-1190  
Geneva- 315-781-4104  
Geneva ABCD- 315-781-3267  
Phelps/Clifton Springs- 315-548-8484

### Seneca County

Seneca Falls- 315-568-8774

### Wayne County

Clyde- 315-923-4748  
Huron- 315-594-6122  
Lake Ontario ABCD- 315-589-7421  
Lyons- 315-946-1259  
Newark- 315-331-8172  
Palmyra- 315-597-0279  
Red Creek ABCD- 315-754-8759  
Sodus/ Sodus UPK- 315-483-6789

### Yates County

Penn Yan- 315-536-6856

## Public Health

Monroe County- 585-753-2991  
Ontario County- 585-396-4343  
Seneca County- 315-539-1920  
Wayne County- 315-946-5749  
Yates County- 315-536-5160

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## Prenatal Services

### Moms Programs

Yates County/Public Health- 315-536-5160

### Single Mothers Resources-

[www.singlemothersgrants.org](http://www.singlemothersgrants.org)  
(information on help with utility bills, cash, child care, rent)

### Breastfeeding Information-

<https://wicbreastfeeding.fns.usda.gov/>

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## Substance Abuse Services

**NY State Hopeline (24/7)-** 877-846-7369 or  
[oasas.ny.gov/providerDirectory/index.cfm](http://oasas.ny.gov/providerDirectory/index.cfm)

**NYS Smokers Quite Line-** 866-697-8487

Finger Lakes Addictions and Counseling (FLACRA)

Ontario County- 315-462-9466

Wayne County- 315-331-3862

Yates County- 315-536-7751

**Prevention Education-** 315-789-0310

**Seneca County Community Counseling Center-**

315-539-1985

**Unity Chemical Dependency/ Monroe County-**

585-723-7723

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## Community Resources

### Community Action Programs (CAP)

FL CAP- 315-333-4155

Seneca County-315-539-5647

Wayne County- 315-946-5388

### Housing and Urban Development (HUD)

Section 8 315-477-0616

### Cornell Cooperative Extension

Monroe County- 585-753-2550

Ontario County- 585-394-3977

Seneca County- 315-539-9251

Wayne County- 315-331-8415

Yates County- 315-536-5123

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## Public Transportation

RTS (CATS) Monroe County- 585-288-1700

RTS Wayne County- 315-946-5617

RTS Ontario County- 585-394-2250