

SPCC WIC offices

Canadaigua

Phone: 585-394-9240

Text: 585-481-8488

Fax: 585-394-9240

Newark

Phone: 585-394-9240

Text: 585-481-8488

Fax: 315-573-7158

Or

Visit us at

<https://www.spcc-roch.org/programs/wic/>

Or

Email us at:

spccwic@spcc-roch.org

For a Variety of Resources in NYS

Visit mybenefits.ny.gov

Dial 211 or visit 211lifeline.org (Monroe, Ontario, Seneca, Wayne County)

211helpline.org (Yates County)

Legal help: <https://www.lawny.org/>

Department of Social Services (DSS):

SNAP(Food Stamps) and TANF

Hotline: 800-342-3009

Ontario County- 585-396-4060

Monroe County- 585-753-6298

Seneca County- 315-539-1800

Wayne County- 315-946-4881

Yates County-315-536-5183

Insurance:

Medicaid Helpline

800-541-2831

NY State of Health (Marketplace)

855-355-5777

Or visit: <https://nystateofhealth.ny.gov>

In Monroe County for Medicaid

585-613-7662 or 585-613-7675

For other counties:

<https://www.localcommunityhealth.com/medical/health-insurance/>

Child Health Plus

800-698-4543

Other Medical care:

Dentist list

<http://www.insurekidsnow.gov/convergence/ny/index.html>

Growing up Healthy Hotline

800-522-5006

(Immunizations, Family planning, FAN, Medicaid, PCAP, WIC)

This institution is an equal opportunity provider.

Early Intervention

Monroe County- 585-753-5437
Ontario County- 585-396-4546
Seneca County- 315-539-1920
Wayne County- 315-946-5749
Yates County-315-536-5160

Child Support Services

Call DSS in your county or Legal Assistance of Western NY at 888-208-4485 or 315-781-1465

Child Protective Services- 800-342-3720

Free/Reduced School lunches- contact your local school

Child Care Referral Services

Child Care Council

Monroe County- 585-654-4720 or
Wayne County- 315-331-5443

Child and Family Resources

Ontario County- 585-919-2476
Seneca County- 315-568-0945
Yates County- 315-536-5160

Head start

Monroe County

Action for a better community-
585-325-5116 X 3300

Ontario County

Canandaigua Happiness House 585-394-1190
Geneva- 315-781-4104
Geneva ABCD- 315-781-3267
Phelps/Clifton Springs- 315-548-8484

Seneca County

Seneca Falls- 315-568-8774

Wayne County

Clyde- 315-923-4782
Huron- 315-594-6122
Lake Ontario ABCD- 315-589-7421
Lyons- 315-946-1259
Newark- 315-331-8172
Palmyra- 315-597-0279
Red Creek ABCD- 315-754-8759
Sodus/ Sodus UPK- 315-483-6789

Yates County

Penn Yan- 315-536-6856

Public Health

Monroe County- 585-753-2991
Ontario County- 585-396-4343
Seneca County- 315-539-1920
Wayne County- 315-946-5749
Yates County- 315-536-5160

Prenatal Services

Moms Programs

Yates County/Public Health- 315-536-5160

Single Mothers Resources-

www.singlemothersgrants.org
(information on help with utility bills, cash, child care, rent)

Breastfeeding Information-

<https://wicbreastfeeding.fns.usda.gov/>

Substance Abuse Services

NY State Hopeline (24/7)- 877-846-7369 or
oasas.ny.gov/providerDirectory/index.cfm

NYS Smokers Quite Line- 866-697-8487

Finger Lakes Addictions and Counseling (FLACRA)

Ontario County- 315-462-9466
Wayne County- 315-331-3862
Yates County- 315-536-7751

Prevention Education- 315-789-0310

Seneca County Community Counseling Center-
315-539-1985

Unity Chemical Dependency/ Monroe County-
585-723-7723

Community Resources

Community Action Programs (CAP)

FL CAP- 315-333-4155
Seneca County-315-539-5647
Wayne County- 315-946-5388

Housing and Urban Development (HUD)

Section 8 315-477-0616

Cornell Cooperative Extension

Monroe County- 585-753-2550
Ontario County- 585-394-3977
Seneca County- 315-539-9251
Wayne County- 315-331-8415
Yates County- 315-536-5123

Public Transportation

RTS (CATS) Monroe County- 585-288-1700
RTS Wayne County- 315-946-5617
RTS Ontario County- 585-394-2250

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